**Name:**

**Committee/local foundation:**

**Best phone contact:**  **Email:**

**TELL US ABOUT YOU!**

Below are some questions about you, your studies, what you are doing now and how CEF helped you along the way. Paragraph or longer answers are better, they give us a lot more great information to work with when writing your profile!

**What year did you complete your studies?**

**Do you remember how you first came into contact with your local Country Education Foundation?**

**Can you tell us a bit about your background and where you grew up?**

Town, village or property?What did your parents do for work?How many siblings?

**What study/course did you do/how long/where?**

**Were you the first in your family to attend university or undertake additional education after school?**

**You received a grant from your local committee. How important was that to you and what did it enable you to do?**

**Did you also receive a scholarship from CEF? How did this help you?**

CEF offers (and has offered) a range of partner supported scholarships. You can find a list on the [CEF Extra website page](https://cef.org.au/cef-extra/). if you didn't you can skip this question. if you are unsure, you can contact us on (02) 6362 3162 or email [nicole@cef.org.au](mailto:nicole@cef.org.au) to confirm.

**Were there any special challenges with the transition to moving away for study?**

Was distance or travel an issue? Moving away from family? Maybe your financial situation really played a part. Anything that made study tougher for you at the time.

**Where are you/have been working/living now? Did you return to the region you came from?**

What have you been doing since you completed your study? Where have you worked, what have you achieved? What do you love about what you have/are doing now?

**Looking back on that early time, did you ever imagine your career would lead you to where you are now?**

Have you ended up where you thought you would because of your education? Or has life lead you down a different path?

**How important is it to you to stay connected with the CEF family?**

Is CEF still a part of your life, or would you like us to be? Would you consider ways of helping other rural and regional school-leavers to do what you were able to do?

**What would you say to a young person in rural and regional Australia thinking of taking the leap into higher education?**

What is the best advice you have for young regional youth to help them achieve their dreams? It can be education related, or even an amazing life lesson you have learned.

**Why should they consider contacting CEF?**

What can CEF offer young students on the way of support, financially, emotionally or both that will help them on their way?

**FUN SPEED ROUND QUESTIONS**

Quick fun facts, so we can all get to know you a little better!

* **Favourite musician, singer or band?**
* **Sunrise or sunset?**
* **Favourite hobby or past time?**
* **Last book you read?**
* **Five people (alive or not) for a study group?**
* **How would you spend your last $10?**

**STRIKE A POSE (OR THREE!)**

Photos (and videos) allow people to know who you are, and everyone loves to put a face to a name. They also really help to make your profile look fantastic on the website and social media. To get an idea of what works, you can check out the profiles on the [**CEF Blog page**](https://cef.org.au/cef-blog/) on our website.

Make sure you send along at least three photos with this questionnaire.

The more photos we have, the better!

Videos of you sharing your advice or talking about your work are also great!

Share some photos with us of you with people you care about, doing things you love or work-related. Show us who you are and what you love to do!

**Tips for taking a photo of a person**

* Use waist to head, with your body NOT square on but slightly turned away from the camera
* Avoid full sun and move into a shaded area if outside
* Aim for a neutral, uncluttered backdrop, but don’t stand too close to a wall
* Best to take a landscape view (for digital media), but do both landscape and portrait, and not necessarily centred (rule of thirds – have focal point to one side)

If you have any questions or need any help, don’t hesitate to reach out to Nicole at CEF National Office who will be writing your profile.

**Phone: (02) 6362 3162**

**Email:** [**nicole@cef.org.au**](mailto:nicole@cef.org.au)