



Employee Assistance Program (EAP) service for students

We are excited to partner with PeopleSense by Altius to offer a service to all students supported by CEF in 2023.

We value the emotional support that our volunteers give to students in their local community and we have listened and understood that sometimes you would like to be able to offer more.

What is offered

The EAP is an external service used to assist students to resolve personal or study-related difficulties through professional counselling. A student will need to identify themselves as a CEF Recipient and their foundation and will have access to one free session.

Call 1300 307 912 any time (24/7)



- Assistance is available to all CEF students.
- One session is covered per student per twelve-month period by CEF.
- Self-referral.
- If further sessions are required, the Altius Group psychologist will facilitate referral to a GP for a Mental Health Care plan (up to 10 sessions per year) with the same psychologist, or psychologist of the students choice.

FAQ

When will this start?

February 2023

Can one student can use a number of the fully paid sessions?

No, each student can only access one session for free.

I was supported by CEF last year, but not this year. Can I use this service?

No, you need to be currently supported by CEF.

Do you need a referral to see a psychologist?

No, but to claim the medicare rebate (to reduce the cost of the session) you do need a referral from your GP through a General Practitioner Mental Health Treatment Plan (MHTP).

Does the Medicare rebate cover entire cost of sessions under a MHTP care plan?

No, Medicare will not cover the full cost, you will need to pay for part of the cost.

What will I need to pay after my first free session if I continue to see a psychologist through PeopleSense?

Session Costs – WA, NSW, VIC, QLD, TAS, SA

Registered Psychologist: \$190.00 Rebate: \$89.65 **Out of pocket fee: \$100.35**

Clinical Psychologist: \$240.00 Rebate: \$131.65 **Out of pocket fee: \$108.35**

Session Costs – ACT and NT (Face-to-Face sessions only, Telehealth fees as above)

Registered Psychologist: \$250.00 Rebate: \$89.65 **Out of pocket fee: \$160.35**

Do I need to pay up front after my first free session?

Yes, People Sense are required to take the full payment on the day of your appointment, after which you will be eligible to receive the Medicare rebate.

Can I use my grant money to pay for more appointments?

It is up to your local foundation to assess this on an individual basis.